

One on One Recreational Activities

Description: Accompany a tenant weekly to and from (via a city bus) a recreational program at a local community center.

Commitment (includes time needed for transportation and documentation): 2-4hrs/week for 10-15 weeks.

Responsibilities:

- Offer support throughout the recreational program such as note taking; supportive conversation; holding onto bus tickets, supplies, aquatic passes, as needed; reminding the tenant to take intentional breaks, if applicable, etc.
- Familiarize yourself with the LTC bus route and accompany the tenant on the LTC bus (roundtrip)
- Provide a brief 1-3 sentence summary of the outing for the Recreation Coordinator immediately after the session. Highlight any follow-up pieces for staff, as needed.
- Clarify your role to tenant upon your introduction. Remind the tenant that you are there for recreational purposes only. Redirect any requests for health and wellness support back to staff.

Additional Notes:

- Bus tickets are provided.
- When you attend the community center, notify them that you the “support worker” for the tenant; your attendance in the program will be “covered” (support workers can attend free of cost).
- Should any crisis occur, please contact 911 as well as the on-call phone number for the specific program.