



**Food Bank Jockey (2 positions)**  
**Location: Woodfield Gate**

**Our Mission:** Indwell is a Christian charity that creates affordable housing communities that support people seeking health, wellness and belonging.

**Job Summary:** Volunteers will build meaningful relationships with tenants and residents through social programming and offer emotional and practical support to residents of Indwell's supported affordable housing programs.

**Key Responsibilities may include:**

- Picking up food boxes from London Food Bank once per month and transporting boxes to Woodfield Gate
- Assisting with food distribution to tenants
- Must have access to a vehicle and the ability to lift 30-50 lbs.

**Time Commitment: 6 months to 1 year**

**Qualifications:** Warm, pleasant and caring approach with problem-solving ability and dependability. Able to maintain good interpersonal relationships and have a genuine interest in supporting people living with mental illness.

**Support:** Orientation and training for this position will be provided. In addition, program staff will be available for questions and assistance.

**Age Requirement:** Adult

**Other Requirements:**

- Experience providing support, ideally to vulnerable people
- An empathetic and non-judgmental approach
- Excellent communication and interpersonal skills
- Personal integrity with an open and honest approach
- A willingness to work within professional boundaries
- Ability to maintain confidentiality
- Ability to work well independently and as part of a team, with flexibility
- Police clearance (vulnerable sector check) with results acceptable to Indwell
- Own transportation
- Agreement with Indwell's Code of Conduct and other policies and procedures
- References acceptable to Indwell