

King William Flats

Why supports matter

King William Flats in Hamilton, with 24 units of supportive, affordable housing, opened in November 2024. The building is owned by CityHousing Hamilton and operated by Indwell with an enhanced level of support in place for residents, with the goal of housing people facing systemic barriers to stable housing.

Every person who lives at King William Flats came directly out of chronic homelessness, some going back and forth between shelters, encampments, hospitals, or other precarious housing. One resident had been living in an encampment for eight years. Residents experience a variety of mental health issues and/or addiction, which makes a high level of staff support vital to their success. After chronic homelessness, people often need to learn skills that many take for granted, even something as simple as locking their door.

“One resident had been living in an encampment for eight years.”



Staff members Yvonne Onyango (left), Housing Support Team Lead, and Johnette Moore (right), Registered Practical Nurse, had a lot to say about the first half-year at King William Flats. About the residents' need for advocacy, Johnette states, “Integrated supports all in one place is crucial. Our folks have been judged and stigmatized because of the colour of their skin or where they're coming from, but we're here to be their voice.”

Yvonne Onyango, Housing Support Team Lead, says, “It's like starting over again. How do I keep my home safe? How do I keep it clean? How do I manage the stove?”

Enhanced levels of support offered at King William Flats include access to daily hot meals, medication supports, and help with accessing community resources like psychiatrists, family doctors, and food banks.

Often after moving in, residents face challenges of feeling isolated, trusting staff and other residents. Their housing doesn't feel permanent. One resident didn't want to sleep in her new apartment because she was worried about her community, her “chosen family” at the encampment — it

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took 2-3 months for her to actually start sleeping in her new home.

Tenants have often felt stigmatized by care providers in the past and benefit from having staff advocate for their care. For example, residents who struggle with addiction don't initially want to ask for harm reduction supplies or addiction support because they fear the stigma they faced in the past — they worry about “getting in trouble.” It takes consistent effort from staff to build enough trust that residents feel comfortable accessing what they need. One major milestone involved a resident allowing his picture to be taken so he could finally have his own health card.

Johnette shares that one of their biggest successes has been securing much-needed psychiatric assessments for



many residents, an important step in helping people “separate mental health from who they are” and allowing each person to feel more normal and accepted.

Staff have noticed many positive changes such as

residents joining programming groups and improved cleanliness in their homes.

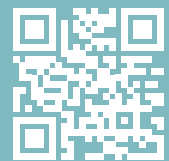
Yvonne, who has worked with unhoused people for various organizations before coming to Indwell, relates, “When folks were housed in a subsidized home without supports, most went back to homelessness within three months.”

She went on to say that the majority of the original residents still live at King William Flats after their first six months because of the supports we provide. 📄



The staff at King William Flats is intentional about building community with their residents, prioritizing resident-led initiatives like breakfast clubs and movie nights. One resident wished to start gardening and, with the help of a Psychosocial Support Worker, began growing these seedlings which will be planted in outdoor raised garden beds.

To support initiatives like these garden beds, visit indwell.ca/gifts-of-hope



Leaving a legacy of hope

Before Shirley Rowe passed away in 2024, she communicated to her husband, Ian, that she wished to support Indwell's upcoming Acorn Flats project in Hamilton, our first development designed specifically for families, with affordable, supportive two- and three-bedroom apartments.

To honour her intentions, a gift was set up in her memory.

Even after passing, people can support Indwell by including a bequest in their will, naming Indwell as a beneficiary in their RRSPs or life insurance, or through gifts of securities. These legacy gifts help provide lasting homes, and we're deeply grateful for this enduring generosity. 📄



Future communities

More space for belonging

Indwell is planning over 500 new affordable homes in several regions — and thanks to generous donors and advocates, many are already fully funded! We’re deeply grateful, but the work isn’t done yet. **You can help bring more homes to life through advocacy, donations, and prayer.** Learn more about these upcoming projects and how you can get involved at indwell.ca/projects. Together, we can create hope and homes for all.

	Project Title	City	Projected Opening	Construction Start Date	Apartments
Under construction (in order of projected opening)	Magnolia Apartments	Kitchener	2025	2023	41
	Coves Landing	London	2026	2025	50
	Acorn Flats	Hamilton	2026	2025	23
	Creekside Apartments	Mississauga	2026	2025	51
	Hilda Stuart Lofts	London	2026	2025	42
Pre-construction	Heritage Flats	Cambridge	2026	2025	45
	Balaclava School	St. Thomas	2027	2025	78
	Ottawa Street Apartments, Phase 2	Hamilton	2027	2025	32
	Stonehouse Apartments	Hamilton	2027	2025	50
	346 South Street (Former Health Services Building)	London	2027	2025	96



Magnolia Apartments, set to open to tenants later in 2025, is currently under construction as part of St. Peter’s Church in Kitchener.

We’re so grateful for the support of the St. Peter’s congregation in this endeavour to bring more supportive, affordable, and much-needed homes to the Waterloo Region.

For up-to-date information about these future homes, visit indwell.ca/projects



Shirley Rowe’s husband, Ian Rowe, converses with Hamilton mayor, Andrea Horwath, at the Acorn Flats Groundbreaking Ceremony, April 2025.

About the donation, Ian says, “My beloved late wife Shirley, a registered nurse, devoted herself to the wellness and welfare of others — a living example of Jesus’ second commandment to ‘Love thy neighbour’ (Mark 12:31). She was delighted to learn that Acorn Flats would be dedicated to families.”

To learn more how you can support Indwell with a planned gift, please contact Judy Eising, Director of Community and Donor Engagement at **1-866-529-0454 ext 437** or jeising@indwell.ca



Learn more at indwell.ca/estate-planning

2025 events – save the date!

Annual celebrations:

Hamilton | June 5

Hamilton Convention Centre

Mississauga | September 12

Small Arms Inspection Building

Waterloo | September 25

Magnolia Apartments

London | October 2

St. Paul's Cathedral

Woodstock | November 5

Maranatha Christian Reformed Church

Visit indwell.ca/events for registration details and updates about future Indwell events.



Indwell is a Christian charity that creates affordable housing communities that support people seeking health, wellness, and belonging.

Indwell's communities support over 1,300 tenants in regions across Southern and Southwestern Ontario – with several projects currently in development. Indwell empowers tenants through a variety of supports to achieve health and wellness goals, to positively engage with their communities, and to maintain permanent, safe housing. Indwell's programming has proven effective, with nine out of 10 tenants remaining with Indwell after their first year.



**Canadian Centre for
Christian Charities**
ACCREDITED MEMBER

How to give: indwell.ca/donate



Follow us on social media!



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Corporate name: Indwell Community Homes
Charitable registration no. 131295198RR0001



**Indwell's Volunteer
Appreciation event
at Harvey Woods
Lofts in Woodstock**

We're very grateful for the 200+ people who were celebrated at Volunteer Appreciation events across all our regions over National Volunteer Week this past spring.

One tenant volunteer shared, "I love to get involved in my community. It makes me feel good to make a difference."